

Academic Staff Profile

1.1 Personal Profile

1.1.1 Personal Details

<p>Name: Prof. Theresia Kavuli Kinai Title/Qualification: Associate Professor Doctor of Philosophy (PhD.) Department: Educational Psychology Designation/Position: Associate Professor Email: kinai.theresia@ku.ac.ke Contact Address: 43844 00100 Nairobi. Areas of Specialization: -Educational Psychology -Developmental Psychology -Guidance and Counselling -Behaviour modification -Loss and grief counselling Research Interests: -Issues interfering with teaching/learning in schools -Issues in parent-adolescent relationships -Rehabilitation of orphans and vulnerable children -Rehabilitation of alcoholics and drug addicts -Incorporating neuroscience in education. -Positive Psychology</p>	
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Google Scholar:

Citations	Since 2016
119	98
-h-index5	4
-i10-index 4	3

ORCID ID: <https://orcid.org/0000-0002-1837-9819>

1.1.2 Academic & Professional Qualifications

- 2020 Associate Professor
- 2002 Ph. D. in Educational Psychology, Kenyatta University.
- 1988 Master of Education in Primary Teacher Education, Kenyatta University .
- 1984 Bachelor of Education (Home Economics) First Class Honours, University of Nairobi.
- 1969 SI Teacher Education Certificate, Kenyatta College
- 1966 University of Cambridge Local Examinations School Certificate Division Two
- 2005 Diploma in Guidance and Counselling, Amani Counselling Centre.
- 2011 Internal Quality Auditing Course by Training Institute at Kenyatta University.
- 2012 Issues in Learning Disabilities and the Way Forward at Kenyatta University.
- 2012 Trauma Recovery Workshop at AZ 39, Kenyatta University.
- 2013 Trauma Recovery Workshop at Students Business Centre, Kenyatta University.
- 2013 Pediatric Neurodevelopment Workshop at Gertrude's Children's Hospital.

- 2015 Psychotherapy and Healing Minds by the East Africa Psychosocial Network at the Tribe Hotel in Nairobi, Kenya.
- 2016 Data analysis using the SPSS Training by the Centre for Teaching Excellence and Research Training of Kenyatta University.
- 2016 IEEE Teacher In-Service Workshop held at Kenyatta
- 2016 Using expressive arts in mental health and Health and Psycho-Social Support by the East Africa Psychosocial Network held at the Concord Hotel in Nairobi, Kenya.
- 2016 Turnitin Training at the Modern Library of Kenyatta University.
- 2016 Training on Quality Audit by the Commission of University Education at Monetary Studies Institute, Nairobi, Kenya.
- 2017 Scopus and Mendeley Training at the Modern Library, Kenyatta University. --
- 2017 Module Writing Workshop at Students' Business Centre, Kenyatta University.
- 2017 Mental Health and Psychosocial-Support for children and adolescents by the East Africa Psychosocial Network at The Swiss Lenana Mount Hotel in Nairobi, Kenya.
- 2018 First Departmental Workshop on Supervision of PhD and Med theses and projects at the Students' Business Centre, Kenyatta University.
- 2018 Awareness Training on ISO 27001:2013 Information Security Management Systems (ISMS) at Kenyatta University.
- 2019 Second Departmental Workshop on Supervision of PhD and Med theses and projects at the Kenyatta Conference Centre, Kenyatta University.
- 2019 CBC Workshop at KUCC 14TH November 2019.
- 2020 Training on writing and vetting blended modules. Each lecture was allocated several modules to write. My allocation was EPS 028, EPS 053, EPS 834 and EPS 912.
- 2020 Training on how to set online CATs. (2/12/2020).
- 2020 Training on how to create google-meet links and facilitate online classes.
- 2021 Training on how to supervise proposals and theses online.
- 2012 Training in Neural Education (21, 23, 26, 28 and 20/4/2021).

1.1.2 Employment History

- 10th June 2014 to date Senior Lecturer, Department of Educational Psychology.
- 8th July, 1992 to 9th June 2014 Lecturer, Department of Educational Psychology.
- 1st April to 7th July, 1992 Tutorial, Fellow, Department of Educational Psychology.
- July, 1988 – 31st March 1992 Lecturer at Kenya Technical Teachers' College.
- Sept. 1986 -June 1988: Master of Education (student) at Kenyatta University.
- Jan. 1986 -Aug.1986: Head Teacher at Buru Buru Girls' High School, Nairobi.
- July 1984 -Dec .1985: Teacher at Kangemi High School, Nairobi.
- Sept.1980- June 1984: Bachelor of Education (student) at Kenyatta University College.
- Jan. 1975- Aug. 1980: Teacher at St. Teresa's Girls' Primary School, Eastleigh, Nairobi.

- Jan.1972 - Dec. 1974: Teacher at Kongoni Primary School, Nairobi.
- Jan. 1970 -Dec. 1971: Teacher at Precious Blood Second Secondary School
Kilungu, Machakos.

1.1.4 Achievements

- December 2012-December 2015 International Content Representative for the Association for the Advancement of Educational Research (AAER).
- May 2013 to April 2015 research paper reviewer for US-China Educational Review, David Publishing.
- January 2016 I was appointed pre-qualified peer reviewer for Commission for University Education Commission for University Education.
- July- November 2016 I peer reviewed the Guidance and Counselling Programme for South Eastern Kenya University.
- 13th- 19th November 2016, Appointed by the Commission for University to do Quality Audit of Mount Kenya University.
- 2019 Donated books to Kenyatta University Modern Library.
- 2018 I wrote a proposed diploma course for positive Psychology.

1.2 Publications

1.2.1 Referred Journals

- Kinai T. K. (2010) Adolescents' perception of parental behaviours: emotional interactions, supervision/monitoring and disciplinary measures in relation to their manifest aggression. *Journal for the Advancement of Educational Research vol.7 (1), 48-60.*
- Mbaabu, F.N. Gatumu, H.N. and Kinai, T. (2011). Factors influencing secondary students' attitude towards the study of physics in Imenti South District Co-authored with Prof. H.Gatumu and F.N.Mbaabu (student). *Journal of Research in Education and Society vol.2 number 2, August, 14-22.*
- Lydia Kendi, Mweru Maureen and Kinai Theresia (2012) .HIV/AIDS knowledge and risk perception of visually impaired and sighted pupils in Kenya. *European Scientific Journal, April edition vol. 8 no. 8 ISSN- 1857 (Print) e ISSN1897-7431, 1668-1789.*
- Lydia Kendi, Mweru Maureen and Kinai Theresia (2011) .HIV/AIDS knowledge and risk perception of visually impaired and sighted pupils in Kenya co-authored with *Journal of Educational Research (ISSN:2141-5161) Vol. 2(11). November, 2011.*
- Kinai T. K. (2013). Kenyan student-teacher counsellors' creativity and its relationship with their gender, age, and teaching experience. *US-China Review B, ISSN 2161-6248 May 2013, Vol. No. 5 296-304.*
- Kariuki, N. Scolastica, Peter J. Aloka, Kinai, Theresia, Gatumu, Haniel Nyaga and Sr. Florentina Ndunge Ndeke (2014). Relationship between adolescents' perceptions of their parents' behaviours and youths' non-illegal and minor-illegal delinquency in Nairobi secondary schools, Kenya. *Mediterranean Journal of Social Sciences ISSN 2039-2117 Vol. 5 No 7 May, 2014 pp. 390 – 401. MCSER Publishing, Rome, Italy.*

- Kinai T.K. (2015). Household factors that influence achievement motivation of female and male pupils in Kenya. *Journal of Sociology, Psychology and Anthropology in Practice*, Vol. 1 April ISSN 2141 – 274X pp. 1- 16.
- Mutisya, E. N., Kinai, T K., Dinga, J. N., Mutweleli, S. M., (2016). Relationship between academic emotions, self-efficacy and mathematics achievement of secondary school students in Central Division, Machakos County, Kenya. *Msingi Journal*, Vol. 1, Number 2, 2016 pp. 29 – 57.
- C. N. Mwangi, Okatcha, F. M., Kinai, T.K. & Ireri, A.M. (2015). Relationship between academic resilience and academic achievement among secondary school students in Kiambu, County, Kenya. *International Journal of School and Cognitive Psychology*. ISSN: IJSCP an open access pp.1-5.
- Munanu, S. K. & Kinai, T. K. (2017). Relationship between School type and Secondary school Students' Career Aspirations in Nairobi, Kenya. *The International Journal of Humanities and Social Studies* (ISSN 2321 - 9203) Vol. 5 Issue 4 pp.116-125.
- Mutua, J. N., Kinai, T. K. & Ndambuki, P., (2018). Academic mind sets as predictors of academic achievement among public secondary school students in Nairobi County, Kenya. *International Journal of Education and Research Vol. 6 No. 2 February 2018, pp. 183-198.*
- Oyoo , S. A.. Mwaura, P. M., (2018). Academic resilience as predictor of academic burnout among form four students in Homa-Bay County. Kenya. *International Journal of Education and Research Vol. 6 No. 3 March 2018 pp.187-200.*
- S.Ngunu, T. Kinai, P. Ndambuki, P. Mwaura (2019). Causal attributions of secondary school students' academic achievement in Kiambu County, Kenya.
- E.N.Mutisya T. K.Kinai, J. N. Dinga, S. M. Mutweleli (2021). Relationship between academic emotions, self-efficacy and mathematics achievement of secondary school students in Central Division Machakos County, Kenya.

1.2.2 Books and Books Chapters

- 2010 Theresia K.Kinai: *Behaviour Modification and Lifestyle Rehabilitation* ISBN 996671514-2 9789966715142 Published by Almasi Holistic Healthcare Limited.
- 2018 Theresia K.Kinai: *Bereavement and Grief Counselling* ISBN 99667159-3 9789966715197 Published by Almasi Holistic Healthcare Limited.

1.2.3 Conference/Workshops/Seminar Papers

1.2.3.1 Conference Papers

- ‘Another incurable but controllable disease: the case of asthma in Kenya’ presented during the 7th Association of Third World Studies (ATWS) Kenya Chapter Conference at the Catholic University of Eastern Africa on 16th – 18th May, 2007.
- ‘Some consequences of child sexual abuse: an exploratory study of student teachers’ perceptions’ presented a paper during the First International Conference in Africa on ‘Child Sexual Abuse held at the Intercontinental Hotel, Nairobi, 24th – 26th September 2007.
- Rehabilitation programmes of recovering alcoholics in Soweto slum, Kahawa,

Nairobi County. Kenya' presented during the 9th Counselling Conference on -Research Implications held at Safari Park Hotel, Nairobi, 2nd – 4th September 2008.

'Challenges threatening survival and protection rights of orphans in Embakasi District, Nairobi County, Kenya' presented during the International Society for the Social Studies Annual Conference in University of Central Florida, Orlando 25th – 26th June 2010.

-Alcoholic rehabilitation at Soweto Slum, Nairobi County, Kenya' presented a paper on Alcoholics rehabilitation in Soweto Slums, Kahawa West' during the 4th Annual Scientific Conference held at the University of Nairobi, College of Health Sciences, Kenyatta National Hospital Campus 13th-14th October, 2011.

-'Child participation in family decision making in Nairobi and Machakos Districts, Kenya' poster presentation during the 4th Conference of the Association for the Advancement of Educational Research held at the Hutchison Island Marriott, Florida, USA, 1st -5th November 2011.

-Relationship between parents' child rearing practices and adolescents' manifest aggression in Nairobi County, Kenya' presented during International Conference on Gender Based Violence , Kenyatta University, Amphi Theatre, Nairobi, Kenya 1st - 3rd August 2012.

-Kenyan student-teacher counsellors' creativity and its relationship with their gender, age, and teaching experience. Virtual presentation during the 5th Conference of the Association for the Advancement of Educational Research held at the Hutchison Island Marriott, Florida, USA, 6th - 9th November 2012

Skype presentation

-'Household factors that influence girls' and boys' achievement motivation in Kenya' presented during the Eastern Africa Regional Conference of Psychology held at Silver Springs Hotel Kampala, Uganda, 6th -8th November 2013.

-Parent-adolescents relations and adolescent participation in family decision making in Nairobi and Makueni Counties, Kenya' presented during the 1st School of Education Conference held at Kenyatta University Conference Centre on 3rd October, 2014.

-'Student teachers' creativity and its relationship with gender, age and teaching experience: A case study of Kenyatta University' presented during the 2nd Conference on Education at Kenyatta University Conference Centre, Kenyatta University, Nairobi, Kenya 18th – 20th May 2015.

-Family and socio-cultural practices influencing the onset and continuation of alcohol and drug use among Village Polytechnic students in Makueni County, Kenya' East and Central African Conference of Psychology and the 1st National Congress of psychology; Hilton Hotel, Nairobi: November 8th – 12th ,2015.

-Assessment of student teachers' creativity and its relationship with gender, age and teaching experience: A case study of Kenyatta University, Nairobi County, Kenya' presented during the 3rd Annual Conference on Education and Lifelong Learning held on 6th-7th October, 2016 at Kenyatta University Conference Centre. Kenyatta University in Nairobi, Kenya.

‘Education and poverty reduction in Korogocho informal settlement: The case of Damascus School and Makao Junior School in Nairobi County, Kenya’ presented during the 4th Annual Conference on Education and Lifelong Learning held on 5th - 6th October, 2017 at Kenyatta University Conference Centre. Kenyatta University, Nairobi, Kenya.

1.2.3.2 Workshops and papers presented

-Parent-adolescent relationships and adolescents’ independence in decision making in Nairobi and Makueni Districts in Kenya’ presented during workshop organized by the Organization of Social Science Research in Eastern Africa [OSSREA] for winners of the 6th social science research competition at Kenya Commercial Bank Institute, Karen in Nairobi 2nd - 4th March 1993.

-Parent-adolescent relationships and adolescents’ manifest aggression in Nairobi County, Kenya’ presented during CODESRIA Methodological Workshop at Silver Springs Hotel, Nairobi 25th - and 26th October, 1999.

-‘Orphans’ psycho- social problems, school attendance and grief counselling strategies offered in Embakasi Sub-County, Nairobi County, Kenya’ presented during the East Africa Psychosocial Network Jenga Workshop on “ Psychotherapy and Healing Minds” held at the Tribe Hotel on Nairobi, Kenya on 14th -15th September 2015.

-Creativity and social support for bereaved children presented during the East Africa Psychosocial Network Jenga Workshop on Mental Health and Psychosocial-Support for children and adolescents and launch of the Body Mind Approach to well-being” held on 10th -12th July, 2017 at The Swiss Lenana Mount Hotel in Nairobi, Kenya.

-Bereavement and grief counselling strategies for children’ presented during the East Africa Psychosocial Network Jenga Workshop “Using expressive arts in mental health and Health and Psycho-Social Support” held on 26th -28th September 2016 at the Concord Hotel in Nairobi, Kenya.

- Literature Review’ presented during Departmental Workshop on Supervision of PhD and MEd theses and projects at Kenyatta University 22nd February 2019,

-Teacher Counsellors’ perceptions of the causes and consequences of child sexual abuse in Kenya’ presented during the Jenga VI Workshop at the Catholic University of Eastern Africa in Nairobi, Kenya 26th -27th February 2019 .

1.2.3.3 Seminar Papers

- Kinai. T.K., (2015). ‘Family and socio-cultural practices influencing the onset and continuation of alcohol and drug use among Village Polytechnic students in Makueni County, Kenya’ East and Central African Conference of Psychology and the 1st National Congress of psychology; Hilton Hotel, Nairobi: November 8th – 12th .2015.

- Kinai. T.K., (2019).Exciting learning experiences during the pilgrimage to Egypt and Israel from 24th November to 4th December, 2018.

1.2.5 Student Co-authored Publications

- Mbaabu, F.N. Gatumu, H.N. and Kinai, T. (2011). Factors influencing secondary students' attitude towards the study of physics in Imenti South District Co-authored with Prof. H.Gatumu and F.N.Mbaabu (student). *Journal of Research in Education and Society vol.2 number 2*, August, 14-22.
- Lydia Kendi, Mweru Maureen and Kinai Theresia (2012) .HIV/AIDS knowledge and risk perception of visually impaired and sighted pupils in Kenya. *European Scientific Journal*, April edition vol. 8 no. 8 ISSN- 1857 (Print) e ISSN1897-7431, 1668-1789.
- Lydia Kendi, Mweru Maureen and Kinai Theresia (2011) .HIV/AIDS knowledge and risk perception of visually impaired and sighted pupils in Kenya co-authored with *Journal of Educational Research* (ISSN:2141-5161) Vol. 2(11). November, 2011.
- Kariuki, N. Scolastica, Peter J. Aloka, Kinai, Theresia, Gatumu, Haniel Nyaga and Sr. Florentina Ndunge Ndeke (2014). Relationship between adolescents' perceptions of their parents' behaviours and youths' non-illegal and minor-illegal delinquency in Nairobi secondary schools, Kenya. *Mediterranean Journal of Social Sciences* ISSN 2039-2117 Vol. 5 No 7 May, 2014 pp. 390 – 401. MCSER Publishing, Rome, Italy.
- C. N. Mwangi, Okatcha, F. M., Kinai, T.K. & Ileri, A.M. (2015). Relationship between academic resilience and academic achievement among secondary school students in Kiambu, County, Kenya. *International Journal of School and Cognitive Psychology*. ISSN:IJSCP an open access pp.1-5.
- Munanu, S. K. & Kinai, T. K. (2017). Relationship between School type and Secondary school Students' Career Aspirations in Nairobi, Kenya. *The International Journal of Humanities and Social Studies* (ISSN 2321 - 9203) Vol. 5 Issue 4 pp.116-125.
- Mutua, J. N., Kinai, T. K. & Ndambuki, P., (2018). Academic mind sets as predictors of academic achievement among public secondary school students in Nairobi County, Kenya. *International Journal of Education and Research Vol. 6 No. 2 February 2018, pp. 183-198*.
- Oyoo , S. A.. Mwaura, P. M., (2018). Academic resilience as predictor of academic burnout among form four students in Homa-Bay County. Kenya. *International Journal of Education and Research Vol. 6 No. 3 March 2018 pp.187-200*.
- S.Ngunu, T. Kinai, P. Ndambuki, P. Mwaura (2019). Causal attributions of secondary school students' academic achievement in Kiambu County, Kenya.
- E.N.Mutisya T. K.Kinai, J. N. Dinga, S. M. Mutweleli (2021). Relationship between academic emotions, self-efficacy and mathematics achievement of secondary school students in Central Division Machakos County, Kenya.

1.3 Research

- Stakeholders' views about the advantages and disadvantages of the inclusion of Positive Psychology in the curriculum of Kenyatta University.

1.4 Funded Projects

- February 5th 1993 won US \$ 3898 grant to research on “ Parent relations and adolescents' independence in decision making in Nairobi and Makeni Districts,

Kenya by Organization for Social Science Research in Eastern Africa (OSSREA).

- March 28th, 1994 I won US \$ 1,000 For writing a proposal on household factors that influence girls' achievement motivation in Kenya by the African Academy of Sciences (AAS).

-April 5th 2004 I received UDS\$ 580 research grant for thesis writing from Council ; for the Development of Social Science Research in Africa (CODESRIA).

-22nd October, 2016, I received KES one hundred and eighty thousand (180,000) for writing an action plan and carrying out an action research to upgrade pupils' academic performance Makao Junior and Damascus Schools in Korogocho, Nairobi County, Kenya.

1.5 Conferenced/Workshops/Seminars Attended

1.5.1 Conferences Attended

-Attended the 7th Association of Third World Studies (ATWS) Kenya Chapter Conference at the Catholic University of Eastern Africa on 16th – 18th May, 2007.

-Attended the First International Conference in Africa on Child Sexual Abuse held at the Intercontinental Hotel, Nairobi, 24th – 26th September 2007.

-Attended Public Procurement Workshop held at Kenyatta University on 11th April 2008.

-Attended the 3rd East African Conference on Emergency Preparedness and Business Continuity held at Safari Park Hotel, Nairobi, 10th -11th July 2008.

-Attended the 9th Counselling Conference on Research Implications held at Safari Park Hotel, Nairobi, 2nd – 4th September 2008.

-Attended the International Society for the Social Studies Annual Conference in University of Central Florida, Orlando 25th – 26th June 2010.

-Attended the 4th Annual Scientific Conference held at the University of Nairobi, College of Health Sciences, Kenyatta National Hospital Campus 13th-14th October, 2011.

-Attended the 4th Conference of the Association for the Advancement of Educational Research held at the Hutchison Island Marriott, Florida, USA, 1st -5th November 2011.

May 2012.

-Attended the International Conference on Gender Based Violence, in the Amphitheatre Kenyatta University, Nairobi, Kenya 1st - 3rd August 2012.

-Virtual attendance the 5th Conference of the Association for the Advancement of Educational Research held at the Hutchison Island Marriott, Florida, USA, 6th - 9th November 2012

-**Skype presentation of paper entitled "Student teachers' creativity and its relationship with gender, age and teaching experience: A case study of Kenyatta University, on November, 9, 2012.

-Attended Pediatric Neurodevelopment Conference at Gertrude's Children's Hospital, 7th -11th October, 2013.

-Attended the Eastern Africa Regional Conference of Psychology held at Silver Springs Hotel Kampala, Uganda, 6th -8th November 2013.

- Attended the 1st School of Education Conference held at Kenyatta University Conference Centre on 3rd October, 2014.
- Attended 2nd Conference on Education at Kenyatta University Conference Centre, Kenyatta University, Nairobi, Kenya 18th – 20th May 2015.
- Attended the Jenga: The East Africa Psychosocial Network workshop on “Psychotherapy and Healing Minds” held at the Tribe Hotel on Nairobi, Kenya 14th - 15th September 2015.
- Attended and presented a paper during the 3rd Annual Conference on Education and Lifelong Learning held at Kenyatta University Conference Centre. Kenyatta University in Nairobi, Kenya 6th-7th October, 2016.
- Attended and presented a paper during the 4th Annual Conference on Education and Lifelong Learning held at Kenyatta University Conference Centre. Kenyatta University, Nairobi, Kenya 5th - 6th October, 2017.

1.5.1 Workshops Attended

- Attended workshop organized by the Organization of Social Science Research in Eastern Africa [OSSREA] for winners of the 6th social science research competition and presented a proposal at Kenya Commercial Bank Institute, Karen in Nairobi 2nd - 4th March 1993.
- Attended CODESRIA Methodological Workshop and presented a proposal, 25th - and 26th October, 1999 at Silver Springs Nairobi.
- Attended Workshop on Women Poverty Eradication Education Organization (Kenya Chapter) Seminar held at Kibwezi PCEA Church on 25th -28th June 2007.
- Attended Workshop on Issues in Learning Disabilities- the Way Forward in Kenyatta University Conference Centre, Kenyatta University, 23rd -24th March, 2012.
- Attended Trauma Recovery Workshop at AZ 39, Kenyatta University, 23rd -24th.
- Attended Workshop on Issues in Learning Disabilities- the Way Forward in Kenyatta University Conference Centre, Kenyatta University, 23rd -24th March, 2012.
- Attended Trauma Recovery Workshop at AZ 39, Kenyatta University, 23rd -24th May 2012.
- Attended Trauma Recovery Workshop at Students Business Centre, Kenyatta University, 24th - 25th May 2013.
- Attended the Jenga: The East Africa Psychosocial Network workshop “Using expressive arts in mental health and Health and Psycho-Social Support” held at the Concord Hotel in Nairobi, Kenya 26th -28th September 2016.
- Attended and presented a paper during the Jenga: The East Africa Psychosocial Network workshop on ”Mental Health and Psychosocial-Support for children and adolescents and launch of the Body Mind Approach to well-being” held at The Swiss Lenana Mount Hotel in Nairobi, Kenya. 10th -12th July, 2017.
- Attended and presented paper on ‘Literature Review’ presented during the First Departmental Workshop on Supervision of PhD and MEd theses and projects at Kenyatta University 23rd February 2018.

- Attended and presented paper on ‘Literature Review’ presented during the Second Departmental Workshop on Supervision of PhD and MEd theses and projects at Kenyatta University 22nd February 2019,
- Attended and presented paper on ‘Teacher Counsellors’ perceptions of the causes and consequences of child sexual abuse in Kenya’ presented during the Jenga VI Workshop at the Catholic University of Eastern Africa in Nairobi, Kenya 26th -27th February 2019 .

1.5.1 Seminars Attended

- Attended National Seminar on Gender Issues in a Changing society at Kenyatta University in 4th -7th October 1992.
- Attended National Seminar on Education and Psychology of Human Sexuality in a Changing Society at Kenyatta University 26th -30th September 1993.
- Attended Seminar on Test item writing at Kenyatta University 19th – 20 July 1994.
- Attended Seminar on Validating research instruments at Kenyatta University 16th – 17th September 1997.
- Attended Seminar on Non-parametric techniques as alternative methods of data analysis at Kenyatta University 5th - 6th May 1998.
- Attended the Internal Quality Auditing Course conducted at Kenyatta University, 7th - 9th September, 2011.

1.6 Supervision of Postgraduate Students

1.6.1 Masters

- E55/7230/02 Kugania Martin M.: Factor influencing attitude of diploma teachers towards mathematics.
- E55/7143/01 Maina Anderson Waithaka: Referred sources of HIV/AIDS among adolescents in Public Schools in Nairobi, Kenya.
- E55/13299/05 Kendi Lydia: HIV/AIDS knowledge, risk perception and attitude towards safer sex practices of visually impaired and sighted pupils in Thika Municipality.
- E55/10450/07 Mokua Gilbert Maroko: Relationship between self- concealment and attitude towards voluntary counseling and testing among students: A case of Kenyatta University.
- E55/6521/03 Osoro Jacqueline M.: Integration education among other factors associated with career choice of learners with visual impairments in Kenyan Public Universities.
- E55/1067/04 Sirror Edith Jepchirir : Investigation of factors related to leisure reading among standard five pupils in Bungoma South District.
- E55/ 13453/2005 Mukhaye Loice Ong’ayo, Behaviour modification techniques used by teachers to change maladaptive behaviours of secondary school students during games in Kimilili – Bungoma County , Kenya

1.6.2 Ph. D

- Completed theses

- E83/11498/07 Kariuki Scholastica: Relationship between adolescents' perceptions of their parents' behaviours and the teenagers' non-illegal and minor-illegal delinquency in Nairobi County secondary schools, Kenya.
- E83 E55/8987/00/10262/07 Mwangi Cecilia N.: Relationship between academic resilience and academic achievement among students in selected secondary schools in Kiambu County.
- E83/12968/09 Mwaniki, Elizabeth Wanjiru: Metacognition and attitudes towards reading as correlates of reading comprehension performance among standard six pupils of Dagoreti Division, Nairobi County, Kenya.
- E83/21136/2010 Kithela S. Munanu Relationship between self-esteem, academic and career aspirations among students in public secondary schools in Meru County, Kenya.
- E83/ 20529/2010 Priscilla Njoki Gachigi , academic self-concept, motivation and resilience as predictors of mathematics' achievement of secondary school students in Nairobi County, Kenya.
- E83/24624/2010 Mutua Josephine Ngina: Academic mindsets and learning strategies as predictors of academic achievement among form three students in Nairobi County, Kenya.
- E83/25477/2013 Syprine Aoko Oyoo: Predictors of academic burnout and its relationship to academic achievement among form four students in Homa Bay County, Kenya.
- E83/20526/2010 Caroline Atieno Obura: School psychological environment, achievement goals and learning strategies as predictors of academic achievement among form three students in Nairobi County, Kenya.
- E83/24127/2013 Ngunu, Susan Njeri Causal attributions of secondary school students' academic achievement in Kiambu County, Kenya.
- E83/ 27768/2014 Mutisya Elizabeth Nduku, Relationship between academic emotions, self-efficacy and mathematics achievement of secondary school students in Central Division, Machakos County, Kenya.

On going PhD theses

- E83/7061/03 KiraguTeresia Wanjiru: Field dependent-independent cognitive styles and goal orientation as correlates of reading comprehension among form two students in Kiambu County, Kenya
- E83/12909 Mokua Zacharia Ondieki : A study of school counsellors' perceived self-efficacy in performing multiple roles in secondary schools in Masaba South District, Kisii County, Kenya

- E83/20535/10 Njagi Amos Muriithi : Psychological factors influencing poor participation of girls in education among the Oromo Tana River County.
- E83/24217/2012 Kaburu, Leal W., Mathematics ‘ self-control, self- concept and problem solving strategies as predictors of secondary school students’ mathematics achievement in Nakuru County, Kenya..
- E 83/ 20050/ 2012 Anne Kahigu Kamau, Transitional factors as determinants of academic adjustment among form one students in Kiambu County, Kenya.
- E83/ 22468/2011 Mercy T.Marete , Competency based training and its impact on counsellor education in Nairobi County, Kenya.
- E83/28415/2014 Mary Muturi, Influence of parental career support and students’ self-efficacy on career decision making in Murang’a County, Kenya.

1.7 Professional/Consultancy (Editor/Peer review in journals, Networks/Collaborations, External Examiner, Patents)

- December 2012-December 2015 International Content Representative for the Association for the Advancement of Educational Research (AAER).
- May 2013 to April 2015 research paper reviewer for US-China Educational Review, David Publishing.
- July- November 2016 I peer reviewed the Guidance and Counselling Programme for South Eastern Kenya University.
- 13th- 19th November 2016, Appointed by the Commission for University to do Quality Audit of Mount Kenya University.
- October 2016 to date External Examiner of PhD thesis for Jaramogi Oginga Odinga University of Science and Technology
- May 2017 to date External Examiner of PhD thesis for Pwani University.
- May 2017 to date External Examiner for the Catholic University of Eastern Africa.
- May 2017 to date External Examiner for Mount Kenya University.
- June 2017 Master’s thesis and PhD Dissertation External Examiner for the Catholic University of Eastern Africa.
- May 2018 to date External Examiner at Mount Kenya University.

1.8 Community Service and Other Engagements

- August 2007 Selected to be a Member of the Parish Planning Committee of St. Paul Kinyambu, Catholic Parish, P.O. BOX 258 -90137 Kibwezi.
- September 2011 Appointed Member of Managers for St. Mary’s Girls’ High School, Kinyambu, P.O. Box 140 -90137 Kibwezi.
- October 2011 Appointed Member of Managers for Bishop Ngala Secondary School, P. O. Box 12-90130 Nunguni.
- I Offer Group counseling and motivational talks to pupils and staff of Social and Health Care Center P. O. Box 77400-00611 Nairobi.
- I am a Trustee of Hope for Future Staff Members since April 2017.
- I am a member and an assistant secretary of t. Ann Small Christian Community of St, Michael Parish, Langata – Archdiocese of Nairobi.
- I am a member and an assistant secretary of the Catholic Women Association (CWA) of St. Michael Parish, Langata – Archdiocese of Nairobi.

1.9 Affiliation of Professional Bodies

- September 2013 to date Member of the Society for the Study of Behavioural Development.
- February 2015 to date Member of the Psychological Society of Kenya.
- March 2018 to date Member of the International Positive Psychology Association (IPPA).

2.0 National and International awards and Recognitions

- Appreciation for being a member of Proceedings Review Sub-Committee-2nd International Annual Conference on Education and Lifelong Learning. School of Education, Kenyatta university.
- Appreciation for Services Rendered as an Overseer/Reader for Early Childhood Studies Department.
- Appreciation for psychosocial support offered to the Staff and pupils of Damascus and Makao Primary Schools P.O.Box77400-00611 Nairobi.

2.1 Administrative Positions Held

2.1.1 Recognized university administrative positions

- 4th April, 2001 to 31st March, 2005 Departmental Examination Coordinator.
- 20th 26th August 2002, Acting Chair person, Department of Educational Psychology. - 17th December, 2004 to 7th January, 2005 Department of Early Childhood Studies. - 18th May to 18th June, 2007, Acting Chair person, Department of Educational Psychology.
- 17th November, 2004 Appointed Departmental Representative of Self-Sponsored Programmes.
- 6th June, 2006 Nomination to the Higher Education and Training Committee. - 8th October, 2007, Nominated Departmental Representative in the Centre for Capacity Development in Higher Education
- 25th July 2005- 26th January, 2016 Board Member of Postgraduate Studies. - 26th January 2016 to July 2016 Reviewer of International Annual October Conference on Education and Lifelong learning, School of Education, Kenyatta University.
- 26th January, 2016 to date Member of the School of Education Curriculum Committee.
- 28th September, 2017 to date Member of Departmental Quality Team.
- 28th September, 2017 to February 2019 Member of Departmental Curriculum Committee.
- 5th March 2019 Co-ordinator of Neuropsychological Assessment and Research Centre.
- 22nd March 2019 Departmental Collaboration Committee member
- Students' Advisory Committee member.
- Marketing and income generating Activities Committee Member

2.1.2 Other administrative positions Held

- 3rd April, 2017 to date Trustee of Hope for Future Staff Members.
- 23rd March, 2019 to date Secretary for Catholic Women Association, St. Michael Parish Lang'ata – Archdiocese of Nairobi.
- 23rd March, 2019 to date Secretary for St. Ann Small Christian Community Uhuru Gardens of St. Michael Parish Lang'ata - – Archdiocese of Nairobi.